

Interim Report

Program Title:	TRAS Himalayan Aid Society, Canada
Report Period:	2020-2021 (Interim Report)
Fund Received:	290,070 INR (5178.21 CAD)
Previous Year Fund Balance:	41532 INR
Date of Activity:	August, 1 2020- Dec, 31 2020
Specific Activity (Brief):	210,000 INR (First Installment) till 31st Jan, 2021

Project Description:

TRAS Canada supports eight female nursing student every year with the grant amount of 40,000 INR each student per year. The scholarship amount is dispensed in two installments and in order for the student to continue receiving the scholarship, they have to score minimum 50% aggregate in their result and 75% attendance.

For the year 2020-21 we have selected 5 new students as there were 5 outgoing students and which were replaced by new batch.

Status update:

2019-20

- There were 5 outgoing students and Ms Pema Wangmo has finished her final exam in Oct, 2020 and now doing internship as a trainee. After that she is willing to do further studies as Post Basic nursing.
- Ms Tenzin Youdon too has completed her final exam and already got admission in JSS college of Nursing, Mysore for her Post Basic nursing course.

2020-21

1. Ngawang Tsedzom:

- By Jan, 2021 they have resumed their regular classes and so far they have been holding online classes.

- Being a front line worker they have received their first dose of COVID shield vaccine and by 27th Feb, 2021 they will receive their second shot of vaccine.
- So far no exams were held and having regular classes and stated that she has made lots of friends.

"Humbled to receive this scholarship and would like to express my heartfelt thanks for your (TRAS, Canada) generosity and will not go unappreciated."

Ms Ngawang Tsedzom
(St. John's college of nursing, Bangalore)



Ngawang Tsedzom in her class room

2. Sonam Yangzom:

- Completed her first year examination on 31st December, 2020 and preparing her exam and practical in college. Their college hasn't taken any online classes so far but were given notes to study.
- Now in her second year and having regular classes and has started from 6th Jan, 2021 and waiting for her first year result.



Sonam Yangzom

3. Tenzin Yeshi:

- She is in her second year of Nursing and she had been attending online classes so far.
- Her regular classes is going to start by 18th Feb, 2021 thus she has to be there in college.
- Recently she gave her first term exam and the results will be out later.



Tenzin Yeshi

4. Tenzin Dhasel:

- Now in first year and has been attending online classes since November, 2020 till January, 2021 they have been holding regular classes.
- They are preparing for internal exams which is going to be held soon once the dates are fixed.



1st one during online classes and 2nd during Psychology regular classes

5. Tenzin Jigmey:

- In her first year of college at St. Philomena College of Nursing, Bangalore
- Her online classes started on 1st Oct, 2020 and from 23rd they will be attending regular classes.
- They have six subjects ie. Sociological, Psychological, Anatomy, Nutrition, CHN



Tenzin Jigmey attending online classes from home

6. Tenzin Changchup Bhutia:

- In first year attending online classes from 9am - 4.30 Pm and she has six subjects namely sociology, Anatomy, Physiology, Fundamental of Nursing, Psychology, Microbiology and Community Health Nursing.
- So far conducted few Class Tests and no major tests.



Tenzin Changchup

7. Tenzin Sangmo:

- She is doing her first year of nursing from Krupanidhi College, Bengaluru.
- She has been attending online classes on regular basis and they must need minimum of 80% attendance to be able to sit in exam.
- Since September, 2020 till now she has been having online classes and from March they will have to attend regular classes.
- They will have to give their first semester exam when they reach college.
- She had been doing well in her studies as whenever there is small class tests and project submission she excels in these.
- She is preparing for her term exam simultaneously attending online classes.



Tenzin Sangmo

8. Phuntsok Palmo:

- In third year and her classes has already started on the December, 2020.
- She has two external subject (OBG and Community Health Nursing) and four internal subjects (Nursing Trends, Nursing Research, Nursing administration and Nursing education)
- Theory topics has all been covered and now for practical she has do community posting which was usually done outside college campus. However, this year they will have to do that in college due to COVID.
- Her first unit test was done in in Feb.
- She will be graduating on August 2021 but now due to this global pandemic probably it will be extended till October 2021 or in first sixth month of 2022.

"I hope you are fine and doing well. I am very thankful to you for supporting me financially for my education."

Phuntsok Palmo
(St.Martha's college of nursing Bangalore)



Phuntsok Palmo in her college hostel and right in Tibetan traditional dress

Problems Faced, if any (During the activity implementation):

Collecting information has always been an issue with nursing students. As most of the nursing colleges have strict rules of non-allowing of cellphones. Most of them as they are staying in hostels and there too they have to strict rules. Only on weekends they could use their cellphones. With minimum outing and non-allowance of cellphones the students hardly get time to check mails nor respond to the mails. Therefore we face some difficulties in keeping track of them as they hardly respond to our mails and nor they can't pick our repeated calls. To mitigate this problem we have added their WhatsApp no and we leave them message thus when they get time they respond at least from WhatsApp. Only on weekends they could use their cellphones.

Submitted By: Tenzin Tashi (Ms)
Dealing Officer