

Project Title: **TRAS Canada Scholarship for Tibetan Nursing Students 2022 - 2023**

Previous Year Balance: INR 0

Fund Received: **INR 333,333 (2022-2023)**

Administration Charge: **INR 13,333**

Expenses: INR **320,000**

Closing Balance: INR 0

Next important step: By August 2023, new general nursing students will be selected and new fund requisition along with student's bio and acceptance form to be submitted for the year 2023-2024.

Financial year 2022-2023

- All the 8 beneficiaries under TRAS Canada received their scholarship for the year 2022-2023.
- Out of 8 students, 5 of them will be completing their course and 3 will remain as continuing students. Therefore, we will be selecting 5 new students for the year 2023-2024.

s.no	Name	Gender	Degree	College	Course Duration	Norm
1	Tenzin Sangmo	F	General Nursing	Krupanidhi College of Physiotherapy	2020-2023	40,000
2	Tenzin Changchup Bhutia	F	General Nursing	St.Philomena's College	2020-2023	40,000
3	Tenzin Jigmey	F	General Nursing	St.Philomena's College	2020-2023	40,000
4	Ngawang Tsedzom	F	General Nursing	St. John's College of Nursing	2020-2023	40,000
5	Tenzin Dhasel	F	General Nursing	Shri Guru Ram Rai Institute of Medical & Health Sciences	2020-2023	40,000
6	Tashi Choedon	F	General Nursing	St.Stephen's hospital college of nursing	2022-2025	40,000
7	Tenzin Choden	F	General Nursing	Acharya institutes	2022-2024	40,000
8	Dorjee Lhamo	F	General Nursing	Acharya institute	2022-2024	40,000
					Total	320,000

1. Tenzing Changchup Bhutia

Miss Tenzing Changchup Bhutia has recently completed her second year during which her routine starts from 8: 30am and ends at 10:30pm mainly consisting of classes in the morning, Ward duties in the afternoon and self-studies in the night. Unlike her second year, she will be going for numerous postings at various areas during her third year which will bring more experience and growth in both her personal and educational level. She will be completing her course this year.

"Dear sponsor,

I hope you are doing well. Here I am fine under the blessings of H.H the Dalai Lama.

I want to thank you from the bottom of my heart for your support for us. I am forever grateful to you.

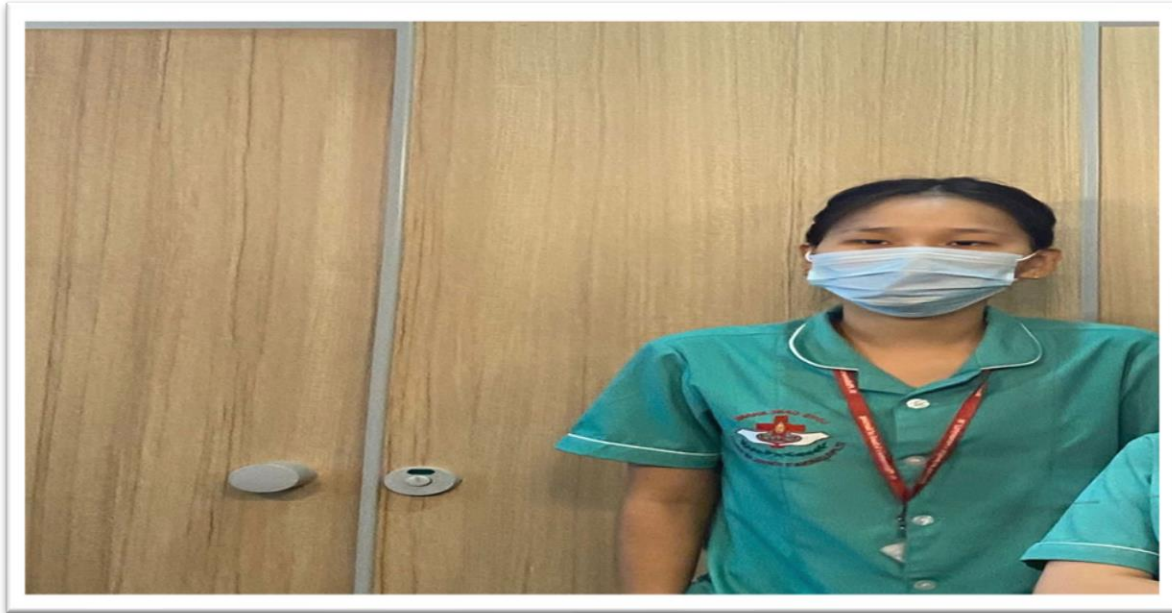
With love Changchup"



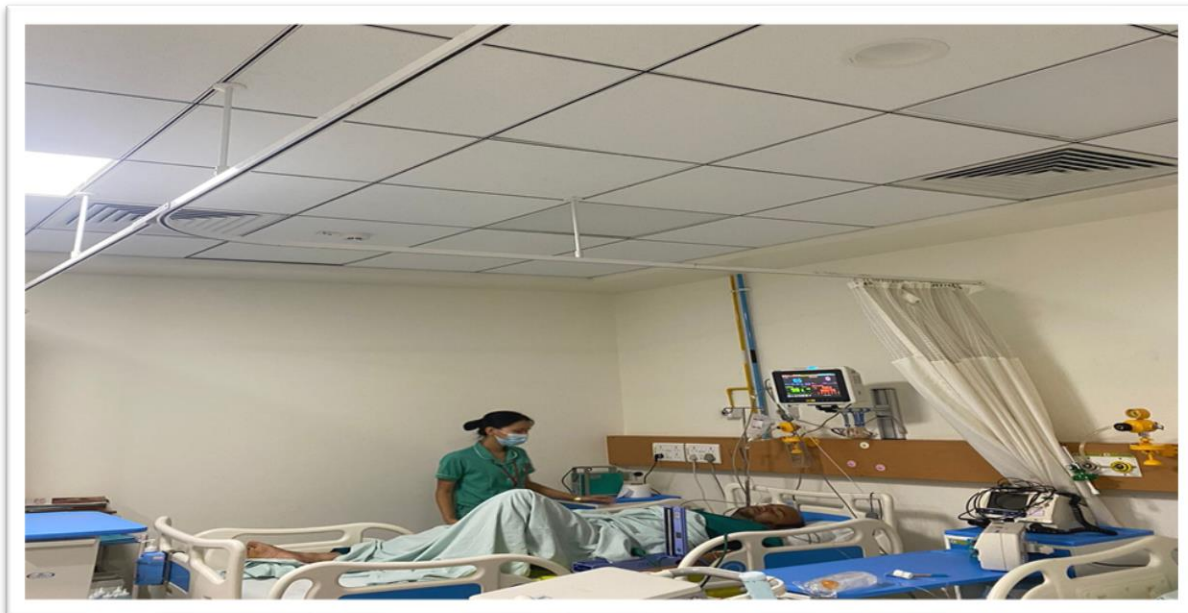
Tenzin Changchup at right with one of her friends in their uniform.

2. Tenzin Jigme

Miss Tenzin Jigme has recently completed her second year. Tenzin and Tenzing Changchup are classmates and they share same daily routines. She will be completing her course this year.



Random photo of Tenzin Jigme taken in the ward.



This photo was taken when she was in the Cath lab observing the saturation level of a patient when the dealing staff was busy with surgery of another patient.

"I am very grateful for all the support and love since beginning of my college life. Thank you for everything and may god shower you lots of happiness in life."

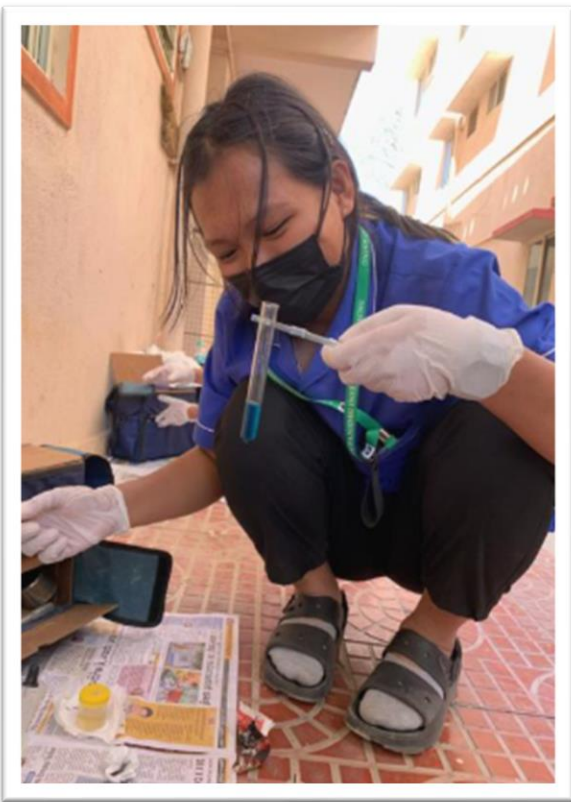
3. Tenzin Sangmo

Miss Tenzin Sangmo is studying at Krupanidhi College of Physiotherapy. During her second year, the college has been sending them to Sri Sathya Sai hospital, Bangalore more frequently for better experience and knowledge. In the month of July and August, they went to Spandana Mental hospital, Bangalore and during September they also got to participate in road safety program and giving knowledge and education at alcohol de-addiction center known as TREDAs, Bangalore as well. She will be completing her course this year.

"My dear sponsor,

I am grateful for all the support you are giving to me; I will never forget it. Thanks to you I have been able to pursue my field of interest which delights me. Thank you very much.

With love".



At community posting (Domasandra, Bangalore).



During Road safety program.



At TRED4 (de-addiction Centre).



At Spandana (mental hospital).

4. Tenzin Dhasel

Miss Tenzin Dhasel has been studying at Shri Guru Ram Rai Institute of Medical & Health Sciences, Dehradun. During her second year, they have been exposed to various activities such as mental health role play and posting at old age homes. She will be completing her course this year.

"Respected sponsor

I would like to express my sincerest thanks to you for sponsoring my education.

Learning that I am a recipient of such a prestigious sponsorship has really eased my financial concerns, without your generous contribution, I don't know how I would've managed to balance my studies.

Your aid has motivated me to keep working hard and to see this dream come true.

I'm privileged and humbled to have received this scholarship. Thank you for your support."



This one was during their posting at an old age home, Dhasel is second one from right side.



During the mental health role play.



During the clinical talk, Dhasel standing at side.

5. Ngawang Tsedzom

Miss Ngawang Tsedzom has been studying at St. John's College of Nursing. Her third-year course began on January 30th, and unlike her second year, they have four subsidiary subjects in addition to community and OBG as their core subjects. As of now, they are yet to begin any practical work. However, soon they will be posted to a rural village as well as urban areas for a month's duration and Ngawang is very eager about the new exposure. She will be completing her course this year.

"I'm happy I was given the chance to receive a scholarship from TRAS for which I am really thankful. I'm working hard here and trying my best to succeed. I am very grateful to you."



First photo was taken during her peer teaching as a part of community subject where they get topics and have to teach to classmates. And second photo is during OT posting, where Ngawang observed a delivery through c section.

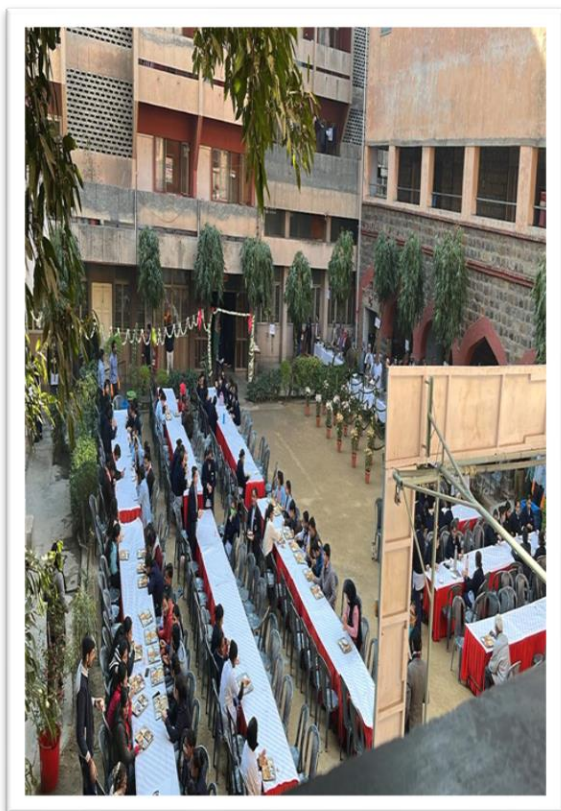
6. Tashi Choedon

Miss Tashi Choedon is studying at St. Stephen's hospital college of nursing, Bangalore. As a first year student, Tashi's day starts with waking up at 5Am and ends at 10PM which includes ward duty in the morning, classes in the afternoon and self-studies and other activities like prayer sessions.

"I'm so grateful. Thanks for providing me scholarship money it really help me in my tuition fees and thank you again for your support, it made a real difference for me."



Tashi with her college friends (Tashi in pink Chupa- Tibetan traditional attire).



Celebrating Christmas.



College function during Oath taking as a member of health care team.

7. Tenzin Choden

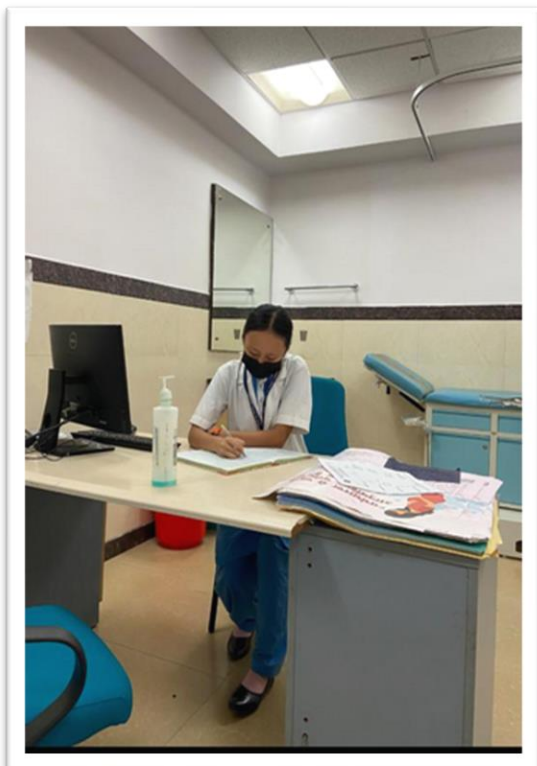
Miss Tenzin Choden is studying at Acharya institutes, Bangalore. Her course started in 2021 but has applied for scholarship in 2022. Therefore, she is currently in second year. During her second year, unlike usual classes and ward duties she has been exposed to different experiences by going to community posting at villages where they advocate importance of health with the residents.

"I am writing to express my genuine gratitude and sincere thanks to you for sponsoring my studies. The news that I got chosen made me more than happy. I am pursuing a diploma in general nursing and midwifery and look forward to becoming a helpful nurse. The financial aid you provided has made it easy for me to pursue my studies well. I am also more focused on studying and maintaining a high academic record.

Thank you again for all your kindness and assistance. I can ensure you that I will use this opportunity correctly, study very hard and get a good job. Your kind favor motivates me to help others in need, and I will do so in the future."



During clinical posting Choden was posted in gynecology OPD.

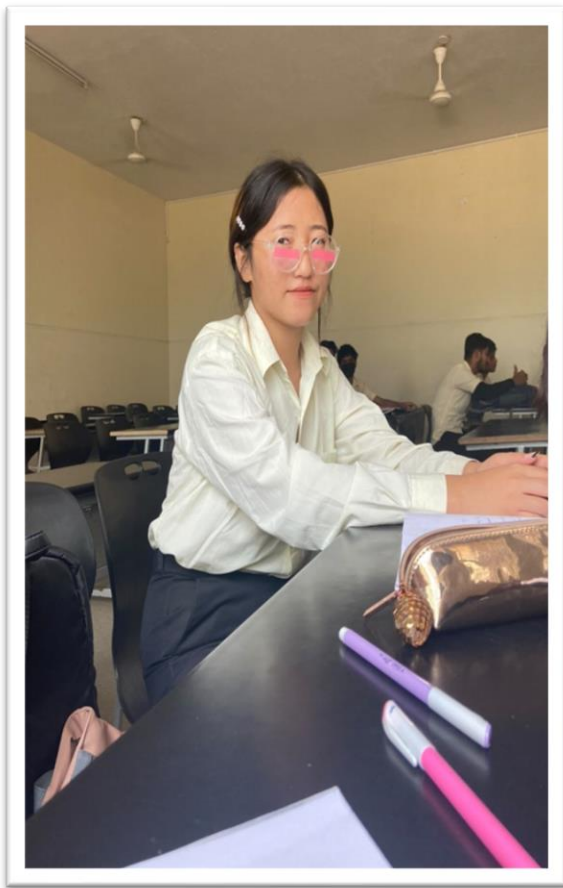


Both the photos were taken when Choden went to a community posting at a village.

8. Dorjee Lhamo

Miss Dorjee Lhamo is studying at Acharya institutes, Bangalore. Her course started in 2021 but has applied for scholarship in 2022. Therefore, she is currently in second year. Dorjee shares same experiences as Choden since they are classmates.

"Your generosity is allowing me to make my goals and dreams a reality. I just want to say I am thankful for your help. Thank you again for this wonderful act of kindness, and you have my deepest gratitude. I am beyond grateful for the help you are giving me to turn this passion into a career. I sincerely thank you for making my career a successful one without any problems for a middle class family of mine and I deeply wish for you and your family's good health and prosperity."



A random photo of Dorjee after theory class.



When Dorjee was posted in OBG for NST where she has to check the prenatal baby's heart rate.



During recreational therapy session to the mentally unstable patient in psychiatric hospital.

With Best Wishes.

Date: 03.04.2023