



## **ANNUAL PROGRAM REPORT – 2023**

This year has been so difficult in many ways for many people in all over the world. It was a challenging year for us accepting the changing strategies with the Ministry of Health and Population in respect to health delivery system in Nepal. All the way to it, you all our good wishers sent us encouraging messages and you continued to be generous. We will go forward with the on-going programs along with the new proposed ones to be implemented with the support international partners. Thank you so much for the support you had provided and look forward the continued financial support in the days to come. Look forward to share new stories in the next year 2024.

### **Skilled Birth Attendant (SBA) Training:**

In 2023 SBA training started as of November 20, 2023. The training is going on in Lamjung Hospital in Lamjung. There are 15 participants (List of the participants in Annex 1). Those who are participating were volunteering and after the completion of the training they will be in their volunteering place. After completing the one month of internship with satisfactory performance, they will be receiving a temporary contract by the local authorities in the same places. Some photos of the training sessions are in Annex 2. This project is funded by the TRAS Canada.





# इनोभेटीभ डेभलपमेण्ट एजुकेशन एकेडेमी INNOVATIVE DEVELOPMENT EDUCATION ACADEMY(IDEA)

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## **School MCH Program:**

This program was implemented in Shree Amar Jyoti Janata High School, Gorkha which has covered the clustered communities of the schools. The following are the accomplishments:

- provided 42 health education lessons in the school – 600 students benefited
- provided sexual & reproductive health education 21 lessons to girls in higher secondary level
- provided 42 consultation sessions for expectant mothers, 65 pregnancy check-up, carried out 20 normal deliveries, and referred 6 completed cases to the nearest hospitals
- provided 42 consult services to prenatal and postnatal services to women and children
- provided 21 health education and nutritional education sessions for the mother and child
- arranged 3 immunization programs as per government schedules
- followed all directives of the Ministry of Health and Population

The local Municipal authority has adopted this program as part of their regular health programs.

We have a plan to implement such program in other high schools and negotiations are held with the municipal authorities. We need additional support from the international partners as part of co-funding.

## **Empowerment of Women Groups:**

Mobilised 10 women and make ware of their present situation in rural Gorkha. Carried out free discussion on the burring issues and empower them about their In collaboration with Global Academy,



We have focused on human rights activities. Now there needs to reach other several communities to help them for cash crops production. They want to have further skill training on agriculture, tailoring, food processing, poultry raising, goat raising, etc. Plan is developed to offer short term training for such groups and avail them start up support financially in 2024.

## **Improving and Strengthening Health Delivery System:**



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The 2023 Earthquake made huge loss in Jajarkot and west Rukum both human, houses, health services buildings, schools, etc. many lives could have been saved if the Jajarkot hospital has ICU and Operation theatre services. Other health service delivery institutions also do not have skilled health professionals. We had a visit to the areas and come up a proposed program for improving and strengthening Health Delivery system in Jajarkot. The focused program includes education and training for health personnel, provision of SBAs, provision of risk and motivation allowance in the remote place like this and support for medical equipment, materials and medical supplies. We need support for SBA training and supplementary medicine support to the health posts in jajarkot.

There is a need of investment in infrastructure in the primary Health care centres, Health posts and hospitals damaged by the earthquake. Nepalmed Germany has shown partial interest for the infrastructures, for the training of health professionals, medical supplies and materials and equipment. We need to seek international partners for the consolidated efforts for better health care services.



## **Cannot wait: Children's Education in Jajarkot;**

All the school building are collapsed because of the 2023 earthquake. Recent need is to have a provision of temporary learning centres to cater the needs of the school children. 60 TLC is needed to be built and wait for the permanent school building is built. For this also appeal to the international partners international partners is crucial.



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Thus needs sponsorship, teacher training, educational material support and support for the poor children. The area is prone to water born-diseases that's why a special WASH program to be carried out in the region.

## **Planning, Monitoring and Supervision for the Next Quarter in 2024:**

- Follow up and monitoring of on-going programmes.
- Preparation of the new intake of SBA training second group for 2024 and consultation with concerned authorities in Gandaki and Karnali provinces.
- seek funds for the proposed programs/projects both in Gorkha, Rukum and Jajarkot.

For details, please contact at: IDEA INITIATIVE, Pokhara, Nepal, [idea27802@gmail.com](mailto:idea27802@gmail.com); [ideainitiative777@gmail.com](mailto:ideainitiative777@gmail.com)

Remarks:

Some photos of SBA Training 2023 are attached herewith in Annex 1 and list of the SBA participants in Annex 2..



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## Annex 1







# इनोभेटीभ डेभलपमेण्ट एजुकेशन एकेडेमी INNOVATIVE DEVELOPMENT EDUCATION ACADEMY(IDEA)

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### Annex 2

INNOVATIVE DEVELOPMENT EDUCATION ACADEMY (IDEA)							
Skilled Birth Attendants (SBA Training - 2023)							
Start: November 20, 2023							
S. No	Name	Date of Birth	Address	Qualifications	Work Place	Status of Work	Remarks
1	Bimala Kandel	02-07-2041 BS	Pokhara-15, Kaski	ANM	Chyangli Health Post, Gorkha	Volunteer	
2	Krishna Kumari BC	09-12-2053 BS	Turmakhand-3, Achham	ANM	Phujel Health Post	Volunteer	
3	Laxmi Khanal	21-05-2055 BS	Byas-2, Tanahun	ANM	Khoplang Health Post	Volunteer	
4	Laxmi Shrestha	28-06-2053 BS	Nilkantha-3, Dhading	ANM	Dhuwakot Health Post, Gorkha	Volunteer	
5	Lila Maya Thapa Maga	13-04-2051 BS	Ratnagar-11, Chitwan	ANM	Durbung Health Post	Volunteer	
6	Nitu Agri	27-07-2057 BS	Besisahar-6, Lamjung	ANM	Thatipokhari Health Post, Gorkha	Volunteer	
7	Pabitra Lamsal	26-06-2056 BS	Machhapuchre-3, Kaski	ANM	Borlang Health Post	Volunteer	
8	Pabitra Pokhrel	14-02-2051 BS	Putalibazaar-2, Syangja	ANM	Chhoprak Health Post, Gorkha	Volunteer	
9	Pasangmu Sherpa	18/09/2054 BS	Chhathes-2, Terhathum	ANM	Kerabari Health Post	Volunteer	
10	Ranjana Sahi	25-12-2049 BS	Palungtar-4, Gorkha	ANM	Sahidsmriti Community Hospital, Gorkha	Volunteer	
11	Rubi Kumari	18-12-2054 BS	Barahathawa-10, Sarlahi	ANM	Harmi Health Post, Gorkha	Volunteer	
12	Sapana Adhikari	16/08/2050 BS	Bhimsen Thapa-2, Gorkha	ANM	Baguwa Health Post, Gorkha	Volunteer	
13	Shova Thapa	09-06-2050 BS	Palungtar-2, Gorkha	ANM	Amp Pipal Hospital, Gorkha	Volunteer	
14	Shushila Sharma	29/03/2046 BS	Galkot-3, Baglung	ANM	Gaikhur Health Post, Gorkha	Volunteer	
15	Tulsa Basnet	29-05-2057 BS	Siranchowk -3, Gorkha	ANM	Thalajung Health Post	Volunteer	
Training Centre:			Lamjung District Hospital, Besisahar, Lamjung				
Remarks:							
ANM : Auxiliary Nurse Midwife			(18 Months Midwifery Education)				
All SBA training participants are volunteering and the management committee of the local authorities have committed to offer them initially temporary contract upon the completion of SBA training.							
BS: Bikram Sambat ( Nepali Calendar)							