



इनोभेटीभ डेभलपमेण्ट एजुकेशन एकेडेमी
INNOVATIVE DEVELOPMENT EDUCATION ACADEMY(IDEA)

Post Box 186, Pokhara, Kaski, Nepal. Tel. 061-524898. Email: idea.pkr@gmail.com , ideanursingcollege@yahoo.com Fax. 061-526578



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REPORT

ON

Skill Birth Attendants (SBA) Training – 2023

Submitted to:

TRAS Canada

Submitted by:

IDEA

Nepal

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Skill Birth Attendants (SBA) Training – 2023

Rationale

Skill birth attendants (SBA) are shortage in the rural health posts/centers throughout Nepal especially in the rural and remote communities. Due to lack of SBAs in the rural and remote settings, there have been occurred the death of the mother and child during delivery. Thus, in order to have safe deliveries and saving the lives of mothers, SBA personnel plays vital role. Based on the expertise of IDEA for conducting 18 months Midwifery education course for the last 25 years, we are confident to launch SBA training for the development of the capacities and production of health personnel that are the demands of rural and remote communities in Nepal.

Since the phase out of 18 months Midwifery education, IDEA has focused on SBA training with the financial support of TRAS Canada. The SBA training has been playing vital role for the safe deliveries in their respective communities. Such trained personnel will be employed by the health projects, government health offices (health center/post/hospitals). Some of the individuals will perform their jobs individually or in a small group within the field of their expertise.

Duration

Since November 20, 2023 the SBA training was conducted in Lamjung Hospital Lamjung with 15 participants (refer the list in Annex 2). The SBA training course was 360 hours for a three-month course (2 months residential and one month internship) and for those working health personal, such training is only for 2 months residential course with the internship at their respective workplace. The training was more practically oriented training, learning by using a combination of problem solved methods. This course was organised in coordination with Health Training Centre, Gandaki Province, Ministry of Health and Social Development.

Core Competencies

All skilled birth attendants (SBA) have gained core competencies of midwifery skills during the training. Thus all of the SBAs have their secured placement to perform all the core functions listed below:

1. Communicate effectively, to provide holistic & "women-centered & " care.
2. Take history, perform physical examination and specific screening tests as required, including voluntary counselling and testing for HIV, and provide appropriate advice/guidance.
3. Educate women and their families about the importance of making a birth plan (where the delivery will take place, how they will get there, who will attend the birth and, in case of a complication, how timely referral will be arranged).
4. Assist pregnant women and their families to make a plan for birth.
5. Identify complications in mothers and newborns, perform first line management (including performance of life saving procedures and administration of life saving drugs according to the national protocol when needed) and make arrangements for effective referral.
6. Perform vaginal examination and interpret the findings.



7. Identify the onset of labour.
8. Monitor maternal and foetal well-being during labour and provide supportive care.
9. Record maternal and foetal well-being on a partograph, identify maternal and foetal distress and take appropriate action, including referral where required.
10. Identify delayed progress in labour and take appropriate action including referral where appropriate.
11. Manage normal vaginal delivery.
12. Manage the third stage of labour actively
13. Assess the newborn at birth and give immediate care
14. Identify any life-threatening conditions in the newborn and take essential life-saving measures including, where necessary, active Making Pregnancy Safer:
15. Active management of third stage of labour includes: using oxitocic drugs, clamping and cutting the cord, and applying controlled cord traction.
16. Identify hemorrhage and hypertension in labor, provide first line management (including lifesaving skills in emergency obstetric care where needed), and if required make effective referral.
17. Provide postnatal care to women and their newborns and post abortion care where necessary.
18. Assist women and their newborns in initiating and establishing early and exclusive breastfeeding, including educating women and their families and other helpers in maintaining successful breastfeeding.
19. Identify complications (illnesses and conditions) detrimental to the health of mothers and their newborns in the postnatal period and provide first-line management according to the national clinical protocol, and if required make arrangements for effective referral.
20. Supervise non-skilled and semi-skilled attendants, including TBAs, MCHWs and paramedics, in order to ensure that the care they provide during pregnancy, childbirth and early postpartum is of good quality.
21. Provide advice, counselling and services on postpartum family planning and refer if needed.
22. Educate women (and their families) on how to prevent sexually transmitted infections including HIV
23. Collect and report relevant data, collaborate in data analysis and case audits
24. Promote a sense of shared responsibility/partnership with individual women, their family members/supporters, and the community for the care of women and newborns throughout pregnancy, childbirth and the postnatal period SBAs working at the primary health facilities in remote areas with limited access to BEOC/CEOC facilities should also be able to do the following:
 - Use vacuum extraction in vaginal deliveries
 - Perform manual vacuum aspiration for the management of incomplete abortion.
25. Repair vaginal tears
26. Perform manual removal of placenta

Management

In coordination with the Health Training Centre, Gandaki Province, Ministry of Health, IDEA had managed to implement SBA training in Lamjung Hospital Lamjung, Beshisahr. Periodic reports are prepared and submitted to the concerned authorities.



IDEA has discussed with all the local authorities for the SBA graduates to have a secured placement of their job. We have already got the news that all our graduates are employed in the same place of the Government health posts and hospitals on a temporary basis with unlimited period.

Impact

IDEA believes that this training was a success as it is based on problem-based skill teaching learning. The participants apply their newly learnt skills and knowledge into their daily professional responsibilities as per the situational problems. We are confident of having good impact of the SBA training.

This project was funded by TRANS Canada with a support of 17,000 Canadian dollars.

Photos

Please refer Annex 1 for some of the activities of the SBA training.

SBA participants Response

The following is the summary of the responses of the SBA participants.

Bimala Kandel

I am happy to participate SBA training with the support of IDEA. I learnt many more new knowledge and skills which will be useful to help the women giving safe delivery in my health post.

Krishna Kumarti BC

IDEA gave me opportunity to participate the SBA training. I learnt many practical education that will be useful for my working situation Phujel Health post.

Laxmi Khanal

During the SBA training I learnt new knowledge and skills to help expected mothers to have safe delivery in my health post. Thanks for IDEA for my sponsorship for the participation in the SBA training.

Laxmi Shrestha

I was a lucky person to be sponsored for the SBA training. So I learnt many more practical skills and knowledge that are useful for my professional life.

Lila Maya Thapa

Thanks for IDEA. I have learnt practical education and skills to save many more lives of mothers and children with safe deliveries in rural setting in Durbang Health Post.

Nitu Argi

I was lucky to be sponsored by IDEA for the participation in the SBA training. I learned many more things during the training.



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Pabitra Lamsal

I got new knowledge and skills to save many more lives of mothers and children during deliveries in rural settings. I got sponsorship to participate the SBA training.

Pabitra Pokhrel

I participated SBA training. IDEA supported me for it. I gained knowledge and skills needed for my professional life.

Pasangmu Sherpa

Thanks for IDEA for supporting me to participate the SBA training. I learnt new knowledge and skills to save many more lives of mothers and children during deliveries.

Ramjani Sahi

Many expediting mothers visit our hospital for consultations and deliveries. Now I have confidence to make safe deliveries in my hospital because I learnt knowledge and skills to deal during the SBA training. For me this training was supported by IDEA.

Rubi Kumari

Thanks to IDEA for supporting me for SBA training. I have learnt practical skills and education for dealing safe deliveries in my health post.

Sapana Adhikari

The SBA training was fruitful for me. Thanks for IDEA to give me opportunity to participate the training. I am now confident to handle my professional life.

Shova Thapa

I am thankful to IDEA for providing me sponsorship to participate the SBA training. Now I am confident that I can handle all the issues related to safer deliveries and save the lives of mothers and children during deliveries in our hospital.

Shushila Sharma

I have confidence to handle birthing issues in my health post. So I thank to IDEA for providing sponsorship for the SBA training. My new knowledge and skills will be helpful for my professional life.

Tulasa Sharma

I would like to express my sincere thanks to IDEA because it supported me for the SBA training. Now I have learnt new knowledge and skills that will be very useful for my professional career and dealing my responsibilities as per the cases come in my health post.



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Annex 1





इनोभेटीभ डेभलपमेण्ट एजुकेशन एकेडेमी INNOVATIVE DEVELOPMENT EDUCATION ACADEMY (IDEA)

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Annex 2

| INNOVATIVE DEVELOPMENT EDUCATION ACADEMY (IDEA) | | | | | | | |
|---|----------------------|---------------|---|----------------|--|----------------|---------|
| Skilled Birth Attendants (SBA Training - 2023) | | | | | | | |
| Start: November 20, 2023 | | | | | | | |
| S. No | Name | Date of Birth | Address | Qualifications | Work Place | Status of Work | Remarks |
| 1 | Bimala Kandel | 02-07-2041 BS | Pokhara-15, Kaski | ANM | Chyangli Health Post, Gorkha | Volunteer | |
| 2 | Krishna Kumari BC | 09-12-2053 BS | Turmakhand-3, Achham | ANM | Phujel Health Post | Volunteer | |
| 3 | Laxmi Khanal | 21-05-2055 BS | Byas-2, Tanahun | ANM | Khoplang Health Post | Volunteer | |
| 4 | Laxmi Shrestha | 28-06-2053 BS | Nilkantha-3, Dhading | ANM | Dhuwakot Health Post, Gorkha | Volunteer | |
| 5 | Lila Maya Thapa Maga | 13-04-2051 BS | Ratnagar-11, Chitwan | ANM | Durbung Health Post | Volunteer | |
| 6 | Nitu Agri | 27-07-2057 BS | Besisahar-6, Lamjung | ANM | Thatipokhari Health Post, Gorkha | Volunteer | |
| 7 | Pabitra Lamsal | 26-06-2056 BS | Machhapuchre-3, Kaski | ANM | Borlang Health Post | Volunteer | |
| 8 | Pabitra Pokhrel | 14-02-2051 BS | Putalibazaar-2, Syangja | ANM | Chhoprak Health Post, Gorkha | Volunteer | |
| 9 | Pasangmu Sherpa | 18/09/2054 BS | Chhathes-2, Terhathum | ANM | Kerabari Health Post | Volunteer | |
| 10 | Ranjana Sahi | 25-12-2049 BS | Palungtar-4, Gorkha | ANM | Sahidsmriti Community Hospital, Gorkha | Volunteer | |
| 11 | Rubi Kumari | 18-12-2054 BS | Barahathawa-10, Sarlahi | ANM | Harmi Health Post, Gorkha | Volunteer | |
| 12 | Sapana Adhikari | 16/08/2050 BS | Bhimsen Thapa-2, Gorkha | ANM | Baguwa Health Post, Gorkha | Volunteer | |
| 13 | Shova Thapa | 09-06-2050 BS | Palungtar-2, Gorkha | ANM | Amp Pipal Hospital, Gorkha | Volunteer | |
| 14 | Shushila Sharma | 29/03/2046 BS | Galkot-3, Baglung | ANM | Gaikhur Health Post, Gorkha | Volunteer | |
| 15 | Tulsa Basnet | 29-05-2057 BS | Siranchowk -3, Gorkha | ANM | Thalajung Health Post | Volunteer | |
| Training Centre: | | | Lamjung District Hospital, Besisahar, Lamjung | | | | |
| Remarks: | | | | | | | |
| ANM : Auxiliary Nurse Midwife | | | (18 Months Midwifery Education) | | | | |
| All SBA training participants are volunteering and the management committee of the local authorities have committed to offer them initially temporary contract upon the completion of SBA training. | | | | | | | |
| BS: Bikram Sambat (Nepali Calendar) | | | | | | | |